



Activity Planner

Week 5	Morning	Afternoon	Evening
Monday	What's in the news today? Newspaper discussion Name that tune	Barge trip on the canal at Ratho	
Tuesday	A day at the races Gents one-to-ones – as requested	Musical movie afternoon Skittles, dart ball and chair basketball	Cheese and wine
Wednesday	Card school Drake music Scotland One-to-ones – as requested	Prize bingo	
Thursday	Arts and crafts Home baking	Devonshire cream tea	
Friday	Local walks	Entertainment – Jack High	
Saturday	Coffee, music and chat	Entertainment – performance by The Elastic Band	
Sunday	Dominoes	Reminiscence – summer holidays Pampering sessions	Scottish sing song

Week 6	Morning	Afternoon	Evening
Monday	Games morning	Karaoke	Entertainment – reels on wheel
Tuesday	Local walks Reminiscence One-to-ones – as requested	Prize bingo	Domino competition
Wednesday	Home baking Drake music Men's group	Generation arts Seated dance	The elderly brothers
Thursday	Bus outing to Blair Drummond Safari Park	Bus outing to Blair Drummond Safari Park	
Friday	Model making Visit from Peaches – pet therapy	Resident meet and greet	Pampering night
Saturday	Ladies morning	Movie afternoon Life histories	
Sunday	Gentle exercise Craft group	Church service in Sun Lounge Bus outing – Almond & Cedar	